Murrayfield Ice Skating Club

MISC- Beginner/UK Skate COMPETITIONS

Sunday 14th November 2010

<u>CAFÉ END</u>	Warmannin aantan	CHANGING ROOM END (skate hire)	
	Warm up in center section of the ice rink		
5.20pm Warm Up (Event No.02)	Warm up is progressive and approximately 10 minutes before the start	5.30 No. 03 Level 3 5.55 No. 04 Level 4	
5.30 No. 02 Level 2 5.40 No. 01 Level 1			
5.55 No. 05 Level 5	time of the competition.	6.00 No. 07 Level 7	
6.20 No. 06 Level 6	Coaches & officials will		
6.35 No. 10 Level 10	advise you.	6.30 No. 09 Level 9	
6.50		6.45	
HALF ICE			
6.55 No.11 Bronze		Warm up on 1/3 of the ice at the skate hire en	d of
		the rink	
7.00 No.12 Silver Star			
7.10 No.17 Adults Star		3 minute individual warm up - 1 group	
7.15 No.13 Gold Star		3 minute individual warm up - 1 group	
7.25 No.14 Gold Star		3 minute individual warm up - 1 group	
7.35 PRESENTATIONS			
8.00 Finish			

Skaters should be ready to skate 30 minutes before their event.

Skaters and 1Guardian enter Free

Murrayfield ISC members enter free when signing in.

Other Spectators

Adults £1.50 Children/Concessions £0.50