

Murrayfield Ice Skating Club

MISC- UK Skate COMPETITIONS

Sunday 21st February 2010

| <u>CAFÉ END</u> | | <u>CHANGING ROOM END (skate hire)</u> |
|---------------------------------------|--|--|
| 5.05pm Warm Up (Event No. 1 Level 1) | Warm up in center section of the ice rink Warm up is progressive and approximately 10 minutes before the start time of the competition. Coaches & officials will advise you. | 5.05pm Warm Up (Event No. 4 Level 4) |
| 5.15pm No. 1 LEVEL ONE COMPETITION | | 5.15pm No. 4 LEVEL FOUR COMPETITION |
| 5.30pm No. 2 LEVEL TWO COMPETITION | | 5.25pm No. 3 LEVEL THREE COMPETITION |
| 5.45pm No. 7 LEVEL SEVEN COMPETITION | | 5.30pm No. 5 LEVEL FIVE COMPETITION |
| 6.00pm No. 8 LEVEL EIGHT COMPETITION | | 5.50pm No. 6 LEVEL SIX COMPETITION |
| 6.10pm No. 9 LEVEL NINE COMPETITION | | 6.00pm No. 14 Adults: Level 1 to 5 inclusive |
| | | 6.10pm No. 15 Adults: Level 6 to 10 inclusive 13 |
| <u>HALF ICE</u> | | |
| 6.20pm No. 10 LEVEL TEN COMPETITION | | Warm up on 1/3 of the ice at the skate hire end of the rink 3 minute individual warm up - 1 group 3 minute individual warm up - 2 groups (5/6) |
| 6.35pm No. 11 BRONZE STAR COMPETITION | | |
| 6.50pm No. 12 SILVER STAR COMPETITION | | |
| 6.55pm No. 14 Adults STAR COMPETITION | | |
| 7.05pm No. 13 GOLD STAR COMPETITION | | |
| 7.40pm PRESENTATIONS | | |
| 8.15pm Finish | | |

Skaters should be ready to skate 30 minutes before their event.

Skaters and 1 Guardian enter Free

Murrayfield ISC members enter free when signing in.

Other Spectators

Adults £1.50

Children/Concessions £0.50