Murrayfield Ice Skating Club

MISC- Beginner/UK Skate COMPETITIONS

Sunday 18th December 2011

		<u>CAFÉ END</u>			CHANGI	NG ROOM END (skate hire)
			Warm up in center			
5.20pm War	0pm Warm Up (Event No.02)		section of the ice rink	k Warm Up (Event No. 03)		
5.30 No.	02 Level	2	Warm up is progressive		No. 03	Level 3
5.50 No.	01 Level	1	and approximately 10		No. 04	Level 4
6.00 No.	05 Level	5	minutes before the start		No. 07	Level 7
6.15 No.	06 Level	6	time of the competition.	6.30	No. 08	Level 8
6.35 No.	9 Level	9	Coaches & officials will	6.50	No. 16	Adults 1-5
6.40 No	17 Adult	s 6-10	advise you.	6.55		
6.55						
		HALF ICE				
6.55	No.10	Level 10		W	/arm up on 1/	3 of the ice at the skate hire end of
6.55 7.25	No.10 No.11	Level 10 Bronze Star			/arm up on 1/ ne rink	3 of the ice at the skate hire end of
	No.11					3 of the ice at the skate hire end of
7.25	No.11	Bronze Star				3 of the ice at the skate hire end of
7.25	No.11 No.12	Bronze Star		th	ne rink	
7.25 7.40	No.11 No.12 No.18	Bronze Star Silver Star		th	ne rink	3 of the ice at the skate hire end of dual warm up - 1 group
7.25 7.40	No.11 No.12 No.18 No.13	Bronze Star Silver Star Adults Star		th 3	me rink minute individ	
7.25 7.40 7.50	No.11 No.12 No.18 No.13 No.14	Bronze Star Silver Star Adults Star Gold Star		th 3	me rink minute individ	
7.25 7.40 7.50	No.11 No.12 No.18 No.13 No.14	Bronze Star Silver Star Adults Star Gold Star Gold Star +		th 3	me rink minute individ	dual warm up -1 group
7.25 7.40 7.50	No.11 No.12 No.18 No.13 No.14 No. 15	Bronze Star Silver Star Adults Star Gold Star Gold Star +		th 3	me rink minute individ	dual warm up -1 group

Skaters should be ready to skate 30 minutes before their event.

Skaters and 1Guardian enter Free

Murrayfield ISC members enter free when signing in.

Other Spectators

Adults £1.50 Children/Concessions £0.50