Murrayfield Ice Skating Club

MISC- Beginner/UK Skate COMPETITIONS

Sunday 8th December 2013

HALF ICE										
7.50am	No.10	Level 10 Warm up		Marm up on 4/2 of the ice of the electe him on					of the winds	
8.00am	No.10	Level 10 18m		Warm up on 1/3 of the ice at the skate hire end of the rink Warm up is progressive and approximately 10 minutes before the start time of the competition. Coaches & officials will advise you.						
8.15am	No 17	Adults Level 6-10 1	6m							
8.30am	No.11	Bronze 21m								
8.50am	No.12	Silver Star 14m								
	CAFÉ EN		Warm up in center section of					END (skate h		
	rm Up (Event No.07 Start on 1/3 Ice		rink		9.00am		<u> </u>	No. Start on	1/3 Ice)	
9.05am No. 06	Level 6	9m	Warm up is progressive		9.05am	No. 03	Level 3			
9.15am No. 08	Level 8	13m	approximately 10 minutes be		9.15am	No. 02	Level 2	5m		
9.25am No. 01	Level 1	9m	start time of the competit		9.20am	No. 05	Level 5	22m		
9.30am No. 04	Level 4	28m	Coaches & officials will advi	se you.	9.40am	No. 09	Level 9	3m		
10.00am					9.45am	No. 07	Level 7	13m		
10.00am	No.13	3 Gold Star 36m			3 minute individual warm up - 2 groups (6/7)					
10.35am	No.14	Gold Star 26m			3 minute individual warm up - 2 groups (4/5)					
11.00am	No.15		3 minute individual warm up - 2 groups (5/5)							
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11.30am	n PRESENTATIONS (These may be held off ice depending on the finish time of the skating)									
12.00am	Finish		-							

Skaters should be ready to skate 30 minutes before their event.

Skaters and 1Guardian enter Free

Murrayfield ISC members enter free when signing in.

Other Spectators

Adults £1.75 Children/Concessions £0.75