

Murrayfield Ice Skating Club

MISC- Beginner/UK Skate COMPETITIONS

Sunday 22nd November 2015

<u>CAFÉ END</u>	<u>CHANGING ROOM END (skate hire)</u>
<p>4.35pm Warm Up (Event No.07)</p> <p>4.45pm No. 07 Level 7</p> <p>4.55pm No. 05 Level 5</p> <p>5.10pm No. 01 Level 1</p> <p>5.15pm No. 06 Level 6</p> <p>5.25pm</p>	<p>Warm up in center section of the ice rink</p> <p>Warm up is progressive and approximately 10 minutes before the start time of the competition.</p> <p>Coaches & officials will advise you.</p>
<p>4.35pm Warm Up (Event No. 03)</p> <p>4.45pm No. 03 Level 3</p> <p>4.50pm No. 04 Level 4</p> <p>5.00pm No. 08 Level 8</p> <p>5.15pm No. 09 Level 9</p> <p>5.20pm No. 02 Level 2</p>	
<u>HALF ICE</u>	
<p>5.25pm No 18 Adults 6-10</p> <p>5.30pm No.10 Level 10</p> <p>5.50pm No.11 Bronze</p> <p>6.00pm No.12 Silver Star</p>	<p>Warm up on Center Ice (with level 6 & 2)</p> <p>Warm up on 1/3 of the ice at the skate hire end of the rink</p>
<u>FULL ICE</u>	
<p>6.15pm No 16 Pat Dance Under 21 No 20 Pat Dance Over 21</p> <p>6.30pm No 19 Adults Star Competition</p> <p>6.35pm No.13 Gold Star</p> <p>7.05pm No.14 Gold Star +</p> <p>7.20pm No.15 National Level</p>	<p>3 minute warm up with music 1 group</p> <p>Competition 2 skaters one at each end of rink</p> <p>3 minute individual warm up - 1 group (1)</p> <p>3 minute individual warm up - 2 groups (4/5)</p> <p>3 minute individual warm up - 1 group (5)</p> <p>3 minute individual warm up - 2 groups (5/5)</p>
<p>7.50 PRESENTATIONS</p> <p>8.20 Finish</p>	

Skaters should be ready to skate 30 minutes before their event.

Skaters and 1Guardian enter Free

Murrayfield ISC members enter free when signing in.

Other Spectators

Adults £2.00

Children/Concessions £1.00